

TRAINER & FACILITATOR

Nicole Hövel



QUALIFICATIONS

Master of Psychology (LMU Munich), Organizational Psychology and Human Resources
Certified Systemic Business Coach and Team Coach (SBC® and dvct ®)
Certified Organisational Developer (Trigon®)
Certified Trainer & Mediator (Zwenger & Raab®)
Certified Scrum Master (Scrum.org ®)

BACKGROUND

For many years I had worked in HR development as well as in the management training industry. This experience has taught me to look at people and organisations with a systemic view and thus to better help them transform and develop. Working at the University of Munich (LMU) for the department of personality psychology as a research fellow and lecturer has truly sharpened my analytical skillset. Throughout the last 15 years I had the honor to support more than 70 companies globally, help their teams excel and individual contributors to thrive. In my role as business coach and leadership trainer I have a passion for people in business, for international leadership topics, for emotional intelligence and virtual collaboration. Most of all, my heart has been warmed and widened by my loving family and by working with refugee helpers in Bavaria.

MY APPROACH TO TRAINING & FACILITATION

In my workshops I foster an open, hands-on and experience-based approach. Trainings are soundly based on latest scientific research, and with a focus on practical implications and personal findings. You may expect an inspiring combination of easiness and depth with a process that is open to the needs of each individual and group. Every training and workshop is designed to deliver on agreed objectives.

Workshops are held in German or English language, face-to-face or virtually.

TOPICS FOR COMPETENCE-BASED TRAININGS & WORKSHOP FACILITATION

- Leadership trainings in a national or international context (performance and talent management, change, coaching as a leader, first-time leaders, healthy leadership, agile approaches in leadership, virtual collaboration)
- Facilitation of team development processes & organizational development
- Communication Skills, Emotional Intelligence, Resilience, Virtual Collaboration
- Train-The-Trainer
- Use of blended and combined concepts incorporating virtual learnings/sessions, group workshops and individual transfer coaching